

Complex-PTSD: Essential knowledge for good perinatal mental health care

LIVE ZOOM WEBINAR. 20 May & 7 October 2024

Dr Alain Gregoire chairs an inspiring live webinar with national expert speakers on what is probably the most common, yet also the most neglected condition in perinatal mental health care. Aimed at consultant psychiatrists, psychologists and all other professionals across the perinatal mental health pathways of care, each talk is followed by submitted questions from the audience and live answers.

*Not only suitable, but **important** training for all professionals involved with women and their babies during the perinatal period.*

- 9.00 [Connect and welcome](#)
- 9.15 Perinatal mental health and C-PTSD
Dr Alain Gregoire
- 10.00 Challenging personality disorder
Interview with Professor Louis Appleby
- 10.20 Understanding
Dr Laura Richmond
- 11.00 Pre-natal adversity
Interview with Professor Vivette Glover
- 11.20 [Break and Quiz](#)
- 11.40 The neurodevelopmental effects of early life adversity
Professor Eamon McCrory
- 12.25 Defining C-PTSD
Interview with Professor Thanos Karatzios
- 12.35 Identifying C-PTSD
Alain Gregoire
- 1.00 [Break and Quiz](#)
- 1.30 What would help
Dr Laura Richmond
- 2.10 Psychological interventions for C-PTSD
Dr Cerith Waters
- 2.45 Relationship with baby in parents with early trauma
Dr Kirsten Barnicot
- 3.20 [Break and Quiz](#)
- 3.40 Enhancing relationship with baby in parents with early trauma
Dr Kirsten Barnicot
- 4.10 Multidisciplinary perinatal MH care for C-PTSD
Dr Alain Gregoire
- 4.40 Final quiz, answers, reflections, key messages
- 5.00 [Close](#)